



# PhatChows: Build Your Own Chinese Comfort Food Basket

The Original OneManFu & PhatManFu  
Created in Altrincham - January 2020

## OneManFu

from £13.95

Choose: 1 Sauce → 2 Sides  
→ 2 Mains

## PhatManFu

from £16.95

Choose: 2 Tapas → 1 Sauce  
→ 2 Sides → 2 Mains

### 2 Tapas

(PhatManFu only)

- SaltnPepper Wings
- Beef Spring Rolls
- Chicken Gyozas
- Pork Siu Mai
- Prawn Toast +50p
- Buffalo Chicken Bombs +50p

### 1 Sauce

- Curry Sauce
- SweetnSour Sauce
- Chilli Oil



### 2 Sides

- Boiled Rice
- Skin on Fries
- Egg Fried Rice +50p
- Noodles +50p
- SaltnPepper Fries +50p

### 2 Mains

- SweetnSour Chicken
- Curry Chicken
- SaltnPepper Chicken
- Crispy Chilli Beef +£1
- Honey Sesame Chicken
- Spicy Sichuan Mapo Tofu with Pork
- SaltnPepper Prawns +75p
- Chicken Satay Sauce

Please let us know of any food allergies before ordering.

No Service Charge added.

PhatChows.Com 59 Stamford New Road, Altrincham WA14 1DS



# PhatChows: Build Your Own Chinese Comfort Food Basket

The Original VeganManFu & PhatVeganFu  
Created in Altrincham - January 2020

## VeganManFu

from £13.95

Choose: 1 Sauce → 2 Sides  
→ 2 Mains

## PhatVeganFu

from £16.95

Choose: 2 Tapas → 1 Sauce  
→ 2 Sides → 2 Mains

### 2 Tapas

(PhatManFu only)

- Veggie Gyozas
- Veggie Wontons
- Veggie Spring Rolls



### 1 Sauce

- Curry Sauce
- SweetnSour Sauce
- Chilli Oil

### 2 Sides

- Boiled Rice
- Skin on Fries
- Noodles +50p
- SaltnPepper Fries +50p

### 2 Mains

- HotnSpicy Tofu
- Sweet Chilli Cauli
- Tofu Curry
- SaltnPepper Cauli
- SaltnPepper NOT Chickin +75p
- SweetnSour NOT Chickin +75p

Please let us know of any food allergies before ordering.

No Service Charge added.

PhatChows.Com 59 Stamford New Road, Altrincham WA14 1DS

# CHINESE TAPAS, BAOS & EXTRAS

## Chinese Tapas Mix n Match

From £2 for Every Tapas.  
Each Tapas = 2 Pieces

### (2) SaltnPepper Wings

Wok tossed in our House SaltnPepper seasoning

### (2) Crispy Buffalo Bombs (+50p)

Fried Chicken Dumplings in a Buffalo and Blue Cheese dressing

### (2) Crispy Duck Rolls (+50p)

Hoisin Duck Spring rolls

### (2) Sesame Prawn Toasts (+50p)

House made with 100% Prawns

### (2) Panko Prawns (+£1)

Golden Fried Torpedo Prawns

### (2) Prawn Har Gow (+50p)

Steamed Prawn Dumplings

### (2) Chicken Gyoza

Golden Fried Chicken Dumplings

### (2) Beef Spring Rolls

Crispy Beef Spring Rolls

### (2) Prawn Gyozas (+50p)

Golden Fried Chicken Dumplings

### (2) Pork Siu Mai Dumplings

Pork Steam Dumplings

### (2) Pan Fried Pork Dumplings (+50p)

Soft yet slightly Crispy Dumplings

### (2) Veggie Wontons (ve)

Crispy Veggie & Tofu Wontons

### (2) Vegan Rolls (ve)

Crispy Veggie Spring Rolls

### (2) Veggie Gyozas (ve)

Golden Fried Veggie filled Dumplings

## Fluffy Baos

Any 1 for £4.50, 2 for £8.50  
Choose your filling

### Char Siu Pork Bao

BBQ Pork with Sweet Soya Sauce

### Hoi Sin Duck Bao (+50p)

Crispy Duck with Hoisin Sauce

### Filet O Fish Bao

Our Tribute to Maccies FiletOfFish

### Sweet Chilli Chicken Bao

Sweetly Aromatic with a slight kick

### HotnSpicy Chicken Bao

A HotnSpicy sauce drizzled with chilli oil

### SaltnPepper Chip Bao (ve)

PhatChows Chinese Chip butty

### Vish Bao (ve) (+50p)

Tartar sauce and Vegan Cheese

### Tofu Bao (ve)

Golden Fried Tofu + pickled veg

## Extras

Prawn Crackers	3.5
SaltnPepper Chicken Bites	5.95
SaltnPepper Chicken Fries	5.95
SaltnPepper Not Chickin Bites (ve)	6.50
SaltnPepper Cauli Bites (ve)	5.95
Sweet Chilli Cauli Bites (ve)	5.95

## Drizzles & Dunks

Great with your Chinese Tapas

Curry sauce (ve)	1.5
SweetnSour Sauce (ve)	75p
Soya Sauce (ve)	50p
Chilli Oil (ve)	75p
Sriracha Mayo (ve)	1
Hoi Sin Sauce	75p
Sweet Chilli Sauce (ve)	50p

# BUILD YOUR OWN

## Classic Mains. SideKicks. Extras

### 1. Classic Mains

(All-in-One Meals) £9.95

Includes 1 Side + 1 Main together

### 2. Choose a Main

SweetnSour Chicken

SaltnPepper Chicken

Chinese Chicken Curry

Sweet Chilli Chicken

Honey Sesame Chicken (+50p)

Chicken BlackBean Sauce

Chicken Garlic Sauce

Crispy Chilli Beef (+ £1)

Honey Sesame Crispy Beef (+ £1)

SaltnPepper Prawns (+ 75p)

Sweet Chilli Prawns (+ 75p)

HotnSpicy Tofu (ve)

Tofu Curry (ve)

Sweet Chilli Cauli (ve)

SaltnPepper Cauli (ve)

SaltnPepper NotChickin (+75p) (ve)

SweetnSour NotChickin (+75p) (ve)

### 3. Choose a Side

Boiled Rice (ve)

Skin on Fries (ve)

Egg Fried Rice +50p

Noodles (ve)+50p

SaltnPepper Fries (ve) +50p

### Sidekicks

Single Portions you can order on their own

Pickled Veg (ve) 1.5

Noodles (ve) 4.25

Plain Bao (ve) 2

Skin on Fries (ve) 3.5

SaltnPepper Fries (ve) 4.5

Boiled Rice (ve) 3

Egg Fried Rice 3.5

Please let us know of any food allergies before ordering

No Service Charges are added to your bill.

(ve) Suitable for vegan



# PhatChows: Build Your Own GLUTEN FREE Chinese Food Basket

We've been serving Gluten-Free Chinese for years — safely and properly — so we now introduce our GF Baskets, to go alongside our OG OneManFu & PhatManFu, Created in Altrincham - January 2020.

## GF ManFu from £14.95

Choose: 1 Sauce → 2 Sides  
→ 2 Mains

## Phat GF Fu from £17.95

Choose: 2 Tapas → 1 Sauce  
→ 2 Sides → 2 Mains

### 2 Tapas

(Phat GF Fu only)

- SaltnPepper Wings
- Sriracha Mayo Wings
- Prawn Toast **£1**
- Sriracha Mayo Prawns **£1**

### 1 Sauce

- Sriracha Mayo
- Chilli Oil
- Soya Sauce **+50p**
- Sweet Chilli Sauce
- SweetnSour Sauce **+50p**

### 2 Sides

- Boiled Rice
- Skin on Fries
- Egg Fried Rice **+50p**
- SaltnPepper Fries **+50p**

### 2 Mains

- SaltnPepper Chicken
- Chicken Garlic Sauce
- Chicken Blackbean
- SaltnPepper Prawns **+75p**
- SweetnSour Chicken **£1**

Please let us know of any food allergies before ordering.

**No Service Charge added.**

Eatin. Takeout. Deliveries.  
Head to [PhatChows.com](http://PhatChows.com)



**59 Stamford New Road, Altrincham WA14 1DS**

# PHATCHOWS

## GLUTEN FREE MENU

We've been serving GlutenFree Chinese for years, safely and properly. We take GlutenFree seriously, with dedicated GlutenFree fryers, separate cooking processes and trusted by our regular GlutenFree customers.

### Classic Mains

All in One: from £10.95  
Choose a Side:

Boiled Rice

Egg Fried Rice +50p

Skin on Fries

SaltnPepper Fries +50p

Choose a Main:

SaltnPepper Chicken

SaltnPepper Prawns +75p

Chicken Blackbean Sauce

Chicken Garlic Sauce

SweetnSour Chicken +£1

### GF Extras

Prawn Crackers <small>With SweetnSour Sauce</small>	4.50
SaltnPepper Chicken Bites	5.95
SaltnPepper Chicken Fries	5.95
SaltnPepper Cauli Bites	5.95
SaltnPepper Wings	5.95
Sriracha Mayo Wings	5.95
Sesame Prawn Toast <small>With SweetnSour Sauce</small>	6.95
Sriracha Mayo Prawns	6.95

### GF SIDEKICKS

Boiled Rice	3
Egg Fried Rice	3.50
Skin on Fries	3.50
SaltnPepper Fries	4.50

### Drizzles & Dunks

SweetnSour Sauce	£1.50
Chilli Oil	75p
Soya Sauce	£1
Sriracha Mayo	£1
Sweet Chilli Sauce	75p

Please let us know of any food allergies before ordering  
**No Service Charge Added.**

Eatin. Takeout. Deliveries. Head to [PhatChows.com](http://PhatChows.com)

59 Stamford New Road, Altrincham WA14 1DS

# HALAL CHINESE FOOD

## Chinese Tapas Mix n Match

From £2 for every Tapas.

Each Tapas = 2 Pieces

### SaltNPepper Wings

Wok tossed in our House SaltNPepper seasoning

### Sesame Prawn Toasts (+50p)

House made with 100% Prawns

### Panko Prawns (+£1)

Golden Fried Torpedo Prawns

### Prawn Gyozas (+50p)

Golden Fried Prawn Dumplings

### Veggie Wontons (VE)

Crispy Veggie & Tofu Wontons

### Vegan Rolls (VE)

Crispy Veggie Spring Rolls

### Veggie Gyoza (VE)

Golden Fried Veggie filled Dumplings

For our Halal followers, we provide a separate fryer and cooking process. Pork and Alcohol are not used in any Halal menu items.

## Fluffy Baos

Any 1 for £4.50,  
2 for £8.50

Choose your filling

### Hoi Sin Duck Bao (+50p)

Crispy Duck with Hoisin Sauce

### Filet O Fish Bao

Our Tribute to Maccies FiletOfFish

### Sweet Chilli Chicken Bao

Sweetly Aromatic with a slight kick

### HotnSpicy Chicken Bao

A mild HotnSpicy sauce drizzled with chilli oil

### SaltNPepper Chip Bao (VE)

PhatChows Chinese Chip butty

### Vish Bao (VE) (+50p)

Vish Bao with Tartar sauce and Vegan Cheese

### Tofu Bao (VE)

Golden Fried Tofu, pickled veg and Sriracha Mayo

**Please let us know of any food allergies before ordering**

**No Service Charges are added to your bill**

**(VE) Suitable for vegan**

## Classic Mains

All In One Meals

1 Side 1 Main

**£9.95**

### Choose your Side

Boiled Rice

Egg Fried Rice (+50p)

Noodles (+50p)

### Choose a Main

SweetnSour Chicken

SaltNPepper Chicken

Chinese Chicken Curry

Honey Sesame Chicken (+50p)

Chicken BlackBean Sauce

Chicken Garlic Sauce

Veggie Mapo Tofu (NotChickin)

HotnSpicy Tofu (VE)

Sweet Chilli Cauli (VE)

SaltNPepper NotChickin (+50p) (VE)

## Extras / Sidekicks

Prawn Crackers 3.5 SnP Not Chickin (VE) 6.95

SnP Chicken Bites 5.95 SnP Cauli Bites (VE) 5.95

SnP Chicken Fries 5.95 Chilli Cauli Bites (VE) 5.95

SnP Chicken Wings 5.95 Pickled Veg (VE) 1.5

SaltNPepper Fries (VE) 4.50 Noodles (VE) 4.25

Boiled Rice (VE) 3 Plain Bao (VE) 2

Egg Fried Rice 3.5 Skin on Fries (VE) 3.5

## Drizzles & Dunks

Chinese Curry sauce 1.5

Sweet and Sour Sauce 75p

Soya Sauce 50p

Chilli Oil 75p

Sriracha Mayo £1

Hoi Sin Sauce 75p

Sweet Chilli Gyoza Sauce 50p



All Day Collections / Delivery

WWW.PHATCHOWS.COM